# VARIETY IS THE SPICE OF LIFE THAT GIVES IT ALL IT'S FLAVOUR

The Platform Studios is a boutique exercise hub that creates an inviting and intimate atmosphere where you can partake in an invigorating range of multi-disciplinary workout options. Variety is key.

We offer more than 140 group classes per week, including HIIT, Boxing, Cycling, Mat Pilates, Reformer Pilates, Yoga, Barre, TRX and Kettlebell.

We are Exercise Mixologists.

Come mix it up at The Platform and experience **The Joy of Exercise.** 

# THE **PLATFORM**STUDIOS





# THE MEMBERSHIP

FOR THOSE WHO ARE WILLING TO COMMIT

Monthly Payments, 12 Month Commitment

12 CLASSES PER MONTH AED 699

# T's & C's

VAT NOT INCLUDED IN OUR PRICES.

#### THE MEMBERSHIP

The Platform membership is an auto-renewal, 12-month commitment (30 day cancellation policy). This membership *does NOT* include Reformer Pilates.

#### **CANCELLATION POLICY**

The Membership (699 AED), Founder Members, 30 pack (1 month), 90 pack, 180 pack, 365 pack are able to early cancel up until two hours before the class.

In case of late cancellation, the client will be charged 30 AED. In case of no-show, the client or member will be charged 55 AED.

1 pack, 5 pack, 10 pack, 20 pack, 30 pack (3 months) are able to early cancel up until 12 hours before the class. In case of late cancellation or no show, the client will lose one credit.

### **CLASS PACKAGES**

ADD FLEXIBILITY TO YOUR FITNESS ROUTINE

One Payment Per Pack

1 PACK*	Valid for 1 Week	AED 130
2 PACK	First timers, one-time on	y AED 100
5 PACK*	Valid for 1 Month	AED 550
10 PACK*	Valid for 3 Months	AED 1000
20 PACK*	Valid for 3 Months	AED 1800
30 PACK*	Valid for 3 Months	AED 2400
30 PACK**	Valid for 1 Month	AED 1400
90 PACK	Valid for 3 Months	AED 3800
180 PACK	Valid for 6 Months	AED 6000
365 PACK	Valid for 12 Months	AED 10500

<sup>\*</sup>Reformer Pilates included

## **EMS**

ELECTRIC MUSCLE STIMULATION

Ask for package details

AED 290	1 SESSION
AED 990	5 SESSIONS
AED 1790	10 SESSIONS
AED 3190	20 SESSIONS

# **CRYO**

CRYOTHERAPY

1 SESSION		AED 350
5 SESSIONS	Valid for 3 Months	AED 1500
10 SESSIONS	Valid for 3 Months	AED 2500
25 SESSIONS	Valid for 6 Months	AED 5625
50 SESSIONS	Valid for 6 Months	AED 10000

THE **PLATFORM**STUDIOS

THEPLATFORMSTUDIOS.COM
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<sup>\*\*30</sup> sessions per month